



VETERAN'S VOICE USA

Disability Claims Consulting

To win your VA disability compensation claim, you must demonstrate these 3 things:

1. A Medical Diagnosis
2. A connection to active military service (nexus)
3. Medical evidence of recurring or persistent symptoms

The following documentation is required to assist you in obtaining a favorable decision

1.	Service Treatment/VA & Civilian Medical Records pertaining to claimed condition eg; Progress notes with diagnosis and treatment, Diagnostic testing results such as X-ray, MRI, EGD, Colonoscopy
2.	List of current medications
3.	Documents verifying dates of service: DD 214
4.	Line of duty injury forms, permanent/temporary profiles
5.	Tell your story. Complete the VA form 21-4138 https://www.vba.va.gov/pubs/forms/VBA-21-4138-ARE.pdf Statement in support of claim. If this is the first time you have claimed the disability, focus on the circumstances during service that resulted in the disability. If you are claiming for an increase focus on how the disability has worsened over the course of time. Make certain the statement is factual. If you are uncertain about details of events such as exact dates you can still include the information but state, you are not certain of exact dates/times. As an example: "I am not sure of the exact date, it was around April 1986."
6.	If you are already service connected for the condition upload the most recent Rating Decision Letter (the entire document.)
7.	Upload Buddy statements. Buddy statements are written by persons who have knowledge about your sickness, disability, or injury eg; spouse witnessing snoring and gasping prior to sleep apnea diagnosis. The VA has a duty to assist Veterans in developing a service-connected claim. If records lack sufficient evidence, the VA must consider lay evidence, such as buddy statements to support your claim